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BREAKTHROUGH IN THERAPY

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TRANSGENERATIONAL THERAPY
Healing the Inherited Burden, 2020, 182 pages,
ISBN: 978-2940540426 [Editor's price: 16,90 \\$](#)
[Kindle eBook](#)

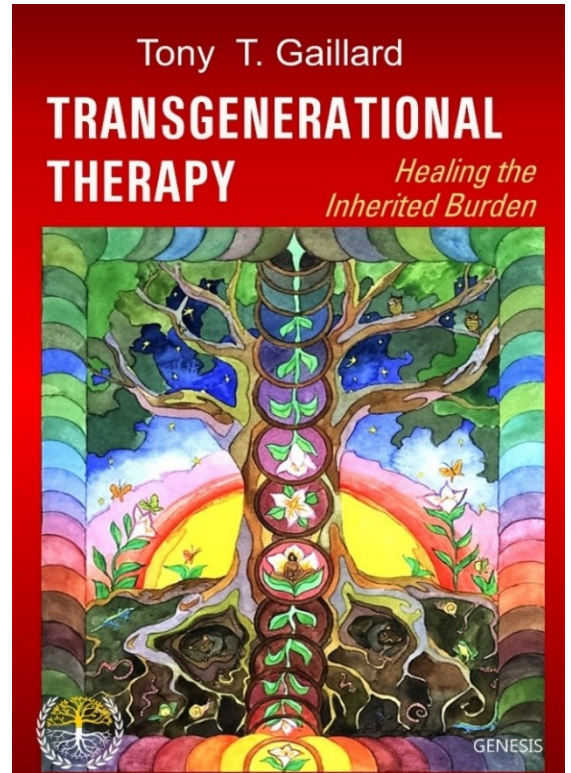
"Those who fail to learn from history are doomed to repeat it." Winston Churchill

ANNOUNCING A PIONEER BOOK ON HEALING PROBLEMATIC TRANSGENERATIONAL LEGACIES

This book refers to both ancient practices and contemporary therapies. It presents the psychological side of recent research in epigenetics (like DNA testing) and summarizes twenty years of practice and research, combining therapy, personal development, genealogy and existential analysis.

With many illustrations, Tony Gaillard shows how analyzing our ancestors' lives helps us to understand problematic conditions and heals all kinds of symptoms. As Goethe already explained: *What we have received from our ancestors, we must assimilate until it becomes a part of ourselves if we want it to be an enrichment instead of a burden.*

This book is intended for both professionals and for all those who wish to learn more about transgenerational therapy. It was first released in French, gaining attention of many Swiss and French journals. "Tony T. Gaillard explains how unhealed trauma can affect descendants! A fascinating voyage in the new field of transgenerational psychology." Interview by *Le Temps*, Geneva.



Tony T. Gaillard is a Swiss psychotherapist and researcher, specializing in psychoanalysis, transgenerational therapy and psychogenetics. He graduated from University of Geneva and CUNY (New York) and trained in various psychoanalytical schools. He is the editor of the collection *Psychogenetics* and director of the *Centre Hermès* in Geneva. He has published several books on depth psychology, mythology and transgenerational therapy.

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